

Who is Your Groomer?

Meet Aashi Bagga—an Industry Veteran with Over 7 Years of Expertise. As Your Personal Guide, She'll Take You Beyond the Basics, Offering One-on-One Attention to Perfect Your Poses, Elevate Your Confidence, and Craft a Portfolio that Speaks to Your Unique Strengths. From Signature Walks to High-Fashion Poses, Aashi's Mastery in Grooming Will Shape You into a Standout Talent Ready for the Pageant and Modelling World."



Discover the endless opportunities and benefits of joining Flying Femme agency today!

Your Gateway to Glamour

- As a part of the esteemed Femina Miss India to Miss Diva lineage, Flying Femme opens up a world of possibilities for aspiring models and pageant contestants. Benefit from industry knowledge, paid opportunities, brand shoots, runway platforms, acting gigs, music video appearances, campaign collaborations, and magazine features.
- Mentorship by the Best in the Industry
- Receive lifetime guidance from our experienced mentor Aashi Bagga, a seasoned professional with 7 years of industry
 expertise. Aashi Bagga is dedicated to nurturing female entrepreneurs in the modeling and pageantry world, providing
 revision classes and personalized advice to help you succeed.
- Your Shortcut to Success
- With Flying Femme and Aashi Bagga by your side, you gain access to a powerful network of industry connections that can fast-track your growth in the competitive world of modeling and pageantry. Build a strong foundation for your career and watch yourself soar under the expert guidance of Flying Femme.



3 DAYS OFFLINE GROOMING COURSE



Introduction to Modeling & Runway (3-Day Course)

Understanding the Basics

- Introduction to modeling What it takes to be a model
- Finding your strengths & understanding different types of modeling
- Importance of confidence, poise, and presence

Fundamentals of Walk & Posture

- Walking in heels Balance, posture & foot placement
- Correct posture for modeling Standing, sitting & movement
- Basic runway walk Step-by-step breakdown

Posing & Expression Essentials

- Basic posing techniques How to move naturally in front of the camera
- Facial expressions Conveying emotions with confidence
- Body language Understanding gestures & how to use them effectively

Building Your Runway Presence

- Introduction to pageant walk vs. runway walk
- Simple walk transitions & turns
- Tips to stand out in auditions & castings

Course Fee: 15,000/- Register Now!

7 DAYS OFFLINE COURSE



Course Fee: 30,000/- Register Now!

- Introduction to Modelling & Pageant Industry
- Gain foundational knowledge about the industry, including key terms, trends, and career opportunities.
- Self-Makeup & Hair Session
- Learn essential makeup techniques and hairstyling tips to enhance your natural beauty for shoots and runway.
- Posing Techniques & Expressions
- Master posing techniques and learn to convey emotions through facial expressions and body language.
- Basic Walk & Advanced Turns
- Perfect your runway walk with both basic and advanced walking techniques, including turns and transitions.
- Communication Skills & Introduction Preparation
- Develop strong communication skills and prepare a compelling introduction for auditions, castings, and interviews.
- Q&A Preparation & Opening Statement
- Learn to answer questions with confidence and craft a strong opening statement for competitions.
- Walk Revisions & Personal Branding
- Receive feedback on your runway walk, refine your skills, and learn personal branding strategies to stand out.

10 DAYS OFFLINE COURSE

- Basic Walk
- Balancing in Heels
- Advance Signature Walk
- Posture & Poses
- Expression Techniques
- Exercises for Walk Improvement
- Mic Handling
- High Fashion Poses Session
- Introduction Preparation
- Voice Modulation & Communication
- Q&A Handling on Stage
- Q&A Practice with Sets
- Social Media Handling
- Beauty with Purpose
- Basic Etiquette Class
- Styling & Wardrobe Class
- Makeup & Hair Class
- Revision Classes
- Certificate & Gift Hamper

Course Fee: 40,000/- Register Now!





15-Day Premium Pageant & Modeling Training Program

Step into Confidence. Walk into your Dream.

Course Curriculum

1. Introduction to Pageantry & Modeling

Understand the global industry of pageantry and modeling, career opportunities, industry expectations, and how to begin building your unique journey with clarity and purpose.

2. Self-Makeup & Hair Styling

Learn the fundamentals of day and evening makeup looks along with simple, effective hair styling techniques for shoots, interviews, and competitions.

3. Posing Techniques & Expression Control

Master a variety of professional poses, understand camera angles, and learn how to convey emotions and personality through expressions.

4. Basic Walk & Heel Balancing

Train in walking confidently in heels, improving foot placement, posture, and grace with practical tips and repetition.

5. Advanced Signature Walk

Build a unique, confident walk that reflects your personality and style, essential for both the ramp and pageant stage.

6. Gown Walk Training

Learn to walk elegantly in various types of gowns, maintaining fluidity and poise while managing fabric and accessories.

7. Posture, Poses & Physical Presentation

Improve your body alignment, hand movement, and standing posture to present yourself with elegance and authority.

8. Fitness Tips & Lifestyle Guidance

Receive fitness and wellness advice tailored for stage presence, including routines for energy, stamina, and body confidence.

9. Mic Handling & Self Introduction

Develop skills to hold and use a microphone with ease. Practice crafting and delivering a compelling self-introduction for interviews and stage appearances.

10. High Fashion Posing Session

Experience a dedicated posing session for high fashion and editorial shoots, emphasizing detail, structure, and versatility.



11. Voice Modulation & Public Speaking

Enhance your speech delivery through tone control, projection, and articulation. Learn to engage the audience confidently during interviews and Q&A sessions.

12. Q&A Masterclass & Winning Answers

Gain confidence answering challenging pageant questions. Learn strategies to stay calm, focused, and deliver meaningful, impactful answers.

13. Wardrobe Essentials & Body Type Styling

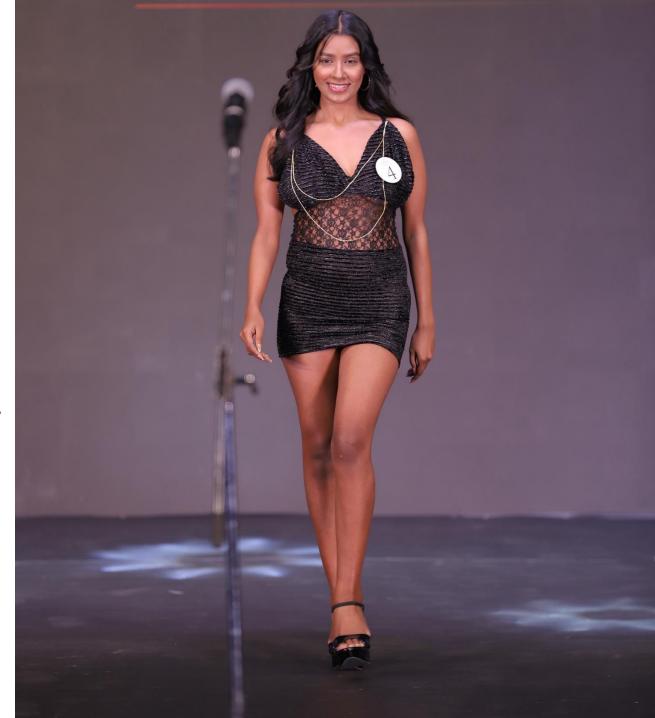
Learn how to dress according to your body type and personality. Get guidance on selecting outfits for photoshoots, interviews, and stage presence.

14. Personal Branding & Social Media Presence

Understand how to build a strong personal brand online. Learn techniques for curating your social media profiles to reflect your identity and advocacy.

15. Storytelling, Project Planning & Advocacy

Develop your purpose project. Learn how to communicate your cause with passion and create an action plan for real-world impact.





Final Day: Showcase & Expert Feedback

Perform your walk, introduction, and Q&A live. Receive individual feedback from industry professionals to fine-tune your performance.

Additional Perks

- Certificate of Completion
- Exclusive Gift Hamper
- Professional Photoshoot with 2 Styled Looks (includes makeup, hairstyling, and outfits)

Why Choose This Course?

• This is a transformative journey designed not only to prepare you for pageants or modeling assignments but to instill lasting self-confidence, powerful communication, and a polished personality. By the end of this course, you will walk with purpose, speak with clarity, and present yourself like a gueen.



70,000/- which includes your Basic 2 looks of Portfolio



ELITE MODELING & PAGEANTRY COURSE – 1 MONTH PROGRAM

- Week 1: Foundation & Confidence Building
- Introduction to Modeling & Pageantry Understanding the Industry & Your Journey
- Winning Introduction & Speech Training Crafting the Perfect First Impression
- Public Speaking & Q&A Preparation Voice Modulation, Expression & Presence
- Basic Ramp Walk Techniques Posture, Poise & Walk Fundamentals
- Etiquette & Social Media Management Personal Branding for Pageants
- Personal Styling & Color Analysis Find Your Signature Look
- Week 2: Ramp Walk, Current Affairs & Styling Mastery
- Intermediate Ramp Walk & Stage Presence Walk Transitions & Confidence
- Diet & Fitness Plan for Models Personalized Nutrition & Fitness Routines
- Current Affairs & Beauty with Purpose How to Stay Informed & Build a Cause
- · Advanced Ramp Walk & Turns Pageant Walk, Turns & Posing Perfection
- PR, Branding & Digital Presence Build Your Pageant & Modeling Image
- - Portfolio Styling Outfits, Accessories & Posing for Different Looks

- Week 3: Posing, Portfolio & Content Creation
- Master Posing Class Editorial, Commercial & Runway Posing
- Portfolio Shoot (6 Looks) A complete look book
- Self-Makeup & Hair Day & Evening Looks for Models & Pageant Queens
- Advanced Posing & Camera Expressions Bringing Emotions into Poses
- - Introduction Video Presenting Yourself on Camera Professionally
- Week 4: Final Prep & Grand Showcase
- Dance & Movement Training Body Awareness & Graceful Performance
- Yoga & Confidence Boosting Mind & Body Alignment for Performance
- Final Q&A Masterclass & Winning Answers Thinking on Your Feet
- Walk Video Shooting (Professionally Edited) High-Quality Show Reel
- Mock Pageant Rehearsal Walk, Introduction, Q&A, and On-Stage Presence
- STATES
 COURSE HIGHLIGHTS
- **6 Look Portfolio Shoot
- **Master Posing & Ramp Walk from Basics to Advanced
- **Winning Introduction & Speech Training
- **Q&A & Public Speaking Excellence
- **Self-Makeup & Hair Styling
- **Z** **Diet & Fitness Plan for Models
- **Z** **Beauty with Purpose Project Development
- **V** **Social Media & Personal Branding for Pageants
- **Professionally Edited Walk & Introduction Video
- **E-Portfolio & Certification





FLYING FEMME CERTIFIED RUNWAY TRAINING – 7-DAY INTENSIVE COURSE

- COURSE INCLUSIONS:
- ✓ **Runway Knowledge & Ramp Etiquette Understanding the fashion industry & stage presence
- ✓ **Runway Walk Training (Basic to Advanced) Mastering posture, transitions & signature walk
- ✓ **Expressions & Confidence on the Ramp Bringing personality & energy to the runway
- ✓ **High-Fashion Posing Masterclass Editorial & commercial poses for runway & photoshoots
- √ **Walking in Different Garments Learn to carry couture, gowns, sarees & structured outfits
- √ **PR Branding & Self-Presentation Build your professional image in the fashion industry
- ✓ **Styling & Etiquette Session Grooming, body language & how to own the runway
- This course is exclusively focused on runway training and does not include pageantry preparation.
- Get trained by experts & elevate your runway presence with Flying Femme!

Fee: ₹25,000/-



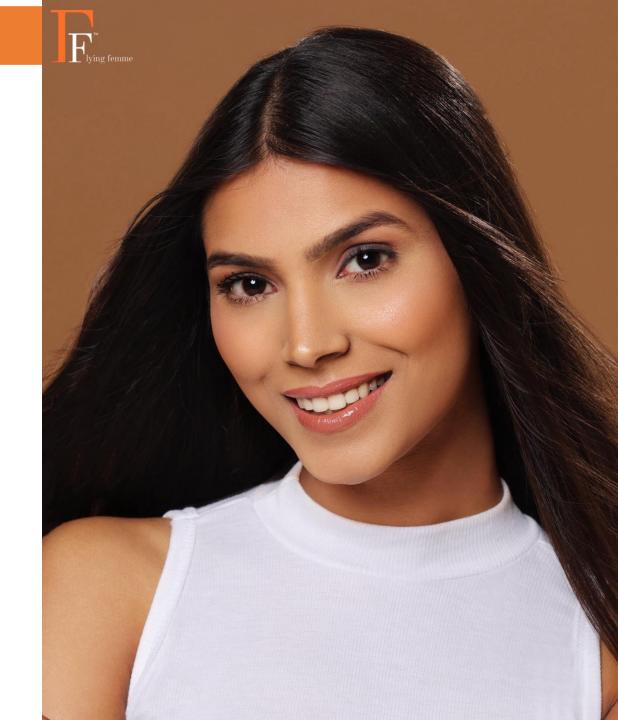
ONLINE SESSIONS

- 3-Day Course:
- Introduction preparation
- Opening statement guidance
- Q&A training
- Basic walk training

15,000/-

- 7-Day Course:
- 3 walk sessions from basic to advanced
- Posing techniques
- Communication sessions covering introduction, opening statement, Q&A preparation, Beauty with Purpose.
- Pageant Wardrobe & Makeup list & more

25,000/-



10-day online session entails:

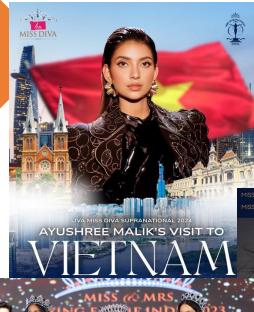
- Basic makeup session: Receive guidance on basic makeup techniques tailored for pageantry, including tips on enhancing your features and creating a polished look for competitions.
- Wardrobe planning & styling session: Learn how to plan and style your wardrobe effectively for different pageant events, ensuring that your outfits complement your overall presentation.
- Basic walk to advance walk session: Progress from mastering the fundamental pageant walk to refining and advancing your walk style to make a lasting impression on the stage.
- Communication: Enhance your communication skills through tailored sessions that cover various aspects like public speaking, articulation, and conveying your message effectively.
- Beauty with purpose: Understand the significance of incorporating a purpose or advocacy into your pageant journey, and learn how to align your passion with your cause for a meaningful impact.

30,000/-



VICTORY



























TOP 5 DELH Also Eligible From Karnataka



SS + UNIVERSE MISS + UNIVERSE



Also Eligible From Delhi